

Health District Happenings

Does Your Back to School Checklist Include Vaccination?

It's time for children to head back into the classroom. Parents, following the recommended immunization schedules for your children before going back to school means protecting them from disease outbreaks such as the outbreaks of measles and whooping cough in the last several years. Seneca County General Health District offers immunization clinics, private insurance and Medicaid are accepted. Contact 419-447-3691 ext 333.

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Many facets of Public Health

Sewage News you can Use

Eligible Seneca county residents could get financial assistance through a grant program administered by Seneca Regional Planning Commission on behalf of the Seneca County General Health District. The Home Sewage Treatment System grant is to assist income eligible homeowners in repairing failing septic systems. A pool of \$150,000 is available and funding is dependent on household income. For more information or to see if you are eligible, contact Brittany Bisher at the Regional Planning office, (419) 443-7936, ext. 1108

Public Health assesses the health needs of communities and makes the public aware of these needs. Public Health is charged with advocating and developing policies to address these health needs along with identifying and developing programs and resources to meet health needs. Public Health also evaluates the effectiveness of its efforts in order to improve our communities and the world.

Breastfeeding is so Much More than Feeding Your Child



August celebrates National Breastfeeding Awareness Month. This year's theme is "Empower Parents, Enable Breastfeeding". This theme encourages us all to create an environment where mothers can breastfeed optimally.

The World Alliance for Breastfeeding Action states that despite recommendations only 40% of all babies under 6 months of age are exclusively breastfed. This percentage can improve if partners, families, workplaces, and communities support mothers. The World Alliance encourages governments and workplaces to adopt family friendly policies and communities to offer increased breastfeeding support services. Please refer to their website for additional information.

The Seneca County General Health District WIC Division offers breastfeeding support. Contact 419-447-3691 ext 316

Becoming a parent is a life altering gift and responsibility. Breastfeeding plays a role in developing parental relationships; it truly is so much more than feeding your child.

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Questions or comments? E-mail us at senecacohealth@gmail.com

