

2013 Annual Report



Seneca County General Health District



Public Health

Prevent. Promote. Protect.

Office Hours:

8:00 a.m. to 4:30 p.m.
Monday through Friday

WIC Hours:

8:00 a.m. to 4:30 p.m.
Monday through Wednesday
8:00 a.m. to 7:00 p.m.
Thursday
8:00 a.m. to 1:00 p.m.
Friday

Administration

Marjorie S. Broadhead, MBA, RN, RS
Health Commissioner

Kelly Cholodewitsch

Jenifer Bayer, RN
Director of Nursing

Anita Gaietto, BSBA
Fiscal Director

Chris Huth, MS, RDN, LD,
CLEC
WIC Director

Laura Wallrabenstein,
MA, RS
Environmental Health
Director

Board of Health

Christopher Willman, Pres.
Dr. Eric Griffin, V. Pres.
Matt Clouse
Mary Faeth
Michelle Kramer
Scott Lyons
Ken Shellhouse
Rick Swartz
Jimmie Young
John Ross, M.D., Med, Dir

President's Message

Wellness. Protection. Prevention. Three words that best define your local health department, and a very succinct answer to the question; Why do we exist? The Seneca County General Health District, funded partially by your tax dollars is staffed with dedicated individuals whose purpose is to improve the well-being and health of all citizens, regardless of age or economic status.

That's quite a task! Advocating for good health benefits each and every one of us. Disease prevention, promoting good health practices, protecting the environment; we're all impacted in one way or another.

Not only are these goals being met on a day to day basis due to the diligence of our staff, it allows us the privilege to take for granted things like

teen health, education, food safety, and programs for women, infants and children. "It's not a bad idea to occasionally spend a little time thinking about things you take for granted. Plain everyday things."—Evan Davis

The pursuit of public health can be a challenge in the best of times, and even more so when the environment changes. All organizations regardless of size, location or industry undergo change, it's inevitable. After fifteen years of leading the Seneca County General Health District, Health Commissioner Marjorie Broadhead is retiring. Someone once said that leadership is the capacity to translate vision into reality and Marjorie has certainly accomplished that during her tenure here. The members of the board, staff and

employees wish her the best.

As difficult it is to say goodbye to Marjorie, we are excited to announce the hiring of Beth Schweitzer who will take the helm as Health Commissioner this May. Beth has an extensive background in Public Health, and on behalf of the board of directors I'd like to welcome her to our wonderful community.

As always, thank you for your past and future support. Please feel free to stop by the health department and familiarize yourself with the services provided to the community. The board of health meets publicly on a monthly basis and is always open to public input and opinion.

-Eric D. Griffin, DC,
Board President

From the Health Commissioner

The Seneca County General Health District is pleased to offer the 2013 Annual Report. This year has been a busy year for the Health District. Program development, preparedness collaboration, and the changes in funding sources have been in the forefront of our agenda.

As you read our annual report, we hope you will see the many im-

portant services the Health District offers our community.

Once again we express gratitude and appreciation to our residents, community leaders, and area businesses for your support, assistance and cooperation in helping fulfill our obligations and commitments to prevent and monitor disease, promote health, and guard our community

against public health threats.

- Marjorie S. Broadhead, MBA, RN, RS



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419-937-2812 or 419-435-3024
Or fax us at 419-435-3024

Visit us on the web:

www.senecacohealthdept.org

Our Staff

Environmental Health Division

Matt Beckman, RS
Judith Kisabeth, Clerical
Nichole Rumschlag, RS
James Mohrman, RS

Fiscal Division

Kelly Thom, Bookkeeper

Nursing Division

Laura Bogard, RN
Debbie Brady, RN
Shari Burkholder, RN
Patti Carlisle, RN
Andrea Cook, RN
Barbara Faeth, RN
Joann Florence, Clerical
Nancy Frankart, RN
Lois McDonald, Clerical
Sue Murphy, Clerical
Heather Panuto, HHA
Sharon Pethe, HHA
Rita Schank, RN
Alice Terry, HHA
Cynthia Voorhees, RN

Vital Statistics

Linda Garcia, BS, Registrar
Teresa Weis, Deputy Registrar

W.I.C.

Tina Hufford, Clerical
Jackie Mendoza, LD
Sherry Jordan, DTR
Teresa Reinhart, Clerical
Eve-Marie Saldivar, Peer

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WIC Division

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides nutrition and parenting education as well as supplemental nutritious foods to pregnant and postpartum women, infants, and children to age five years. Breastfeeding is promoted as the healthiest feeding option for babies, and several WIC staff members are specially trained to assist and encourage breastfeeding mothers. An average of 1,594 residents of Seneca County received WIC benefits each month during 2013.

WIC, in conjunction with the American Academy of Pediatrics, recognizes that breastfeeding is a public health issue and not just a lifestyle choice. Infants who are breastfed are generally

healthier throughout their lifetime. WIC lactation consultants and peer assistants offer breastfeeding support to all mothers in our service area. Breast pumps are available to clients who qualify. Seneca County WIC sponsors Mother's Support Groups in Tiffin and Fostoria, with all meetings open to the public.

The WIC program is funded through the U.S. Department of Agriculture. Approximately \$850,000 in federal tax dollars were returned to Seneca County during 2013 as a result of WIC operations. Food coupons redeemed at Seneca County grocers account for almost \$560,000 of the total. The Farmers Market Nutrition Program is offered June 1 – October 31 and provides

local produce to eligible families. WIC Farmers Market coupons worth \$11,610 were redeemed at local farm stands in 2013.

Seneca County WIC clinics are located in Tiffin and Fostoria. Services are available Monday through Friday, with evening appointments offered every Thursday. Income guidelines for the WIC program are generous, and clients eligible for Medicaid benefits also qualify for WIC. Funding is available to serve all eligible participants, and WIC serves traditional as well as non-traditional families. Referrals are also made to other agencies such as Help Me Grow, immunizations, school screenings, lead testing, smoking cessation, and other services.

Vital Statistics

The Seneca County General Health District is able to issue birth certificates for **anyone born in the State of Ohio**. Death certificates can be issued for **Seneca County only** including the cities of Fostoria and Tiffin. Birth and death records are available for the years 1909 to present.

To obtain a birth certificate, the birth name, date of birth, father's full name and mother's full (maiden) name are required. For a death certificate, the decedent's name, the date of death and location of death are required. If you wish to receive a birth or death record by mail, please send the above information, a check or money order for \$25.00 per copy and a self-addressed stamped envelope to Seneca County Health Department, 71 S. Washington Street, Suite 1102, Tiffin, OH 44883. To order a record via the internet, log on to www.vitalchek.com and follow the prompts for Seneca County. The Vital Statistics Division has a 24-hour turnaround time for all mail/web order birth certificates. We hope to be able to accept credit/debit again by the first of May, if not before.

Vital Statistics	2013	5 Yr Ave.
Birth certificates issued	1884	2181
Death certificates issued	1838	1841
Total births	305	474
Births to unwed mothers	109	213
Teenage births (ages 13-19)	35	56
Births to unwed teen mothers	33	51
Total deaths	482	480
Leading causes of death:		
Malignant neoplasm (cancers)	62	75
Diabetes Mellitus	2	<1
Diseases of the heart:	185	176
Cerebrovascular disease:	18	23
Atherosclerosis:	1	<1
Pneumonia & Influenza:	12	18
Chronic Obstructive Pulmonary disease:	9	8
Chronic liver disease:	5	3
Nephritis (kidney disorders):	23	16
Accidents & adverse effects:	22	14
Suicide:	6	5
Other causes:	135	138

Nursing Division

During 2013, the staff of the Community Health Nursing Division of the Seneca County General Health District continued to provide services intended to fulfill core public health functions by emphasizing health promotion and disease prevention and control. Comprehensive health services were provided to individuals, families, and the community-at-large through targeted interventions and programs including child, adolescent, and adult health, communicable disease control and prevention, immunization, and education.

The Bureau for Children with Medical Handicaps (BCMh) program continues to assist families with children with special health care needs. Currently there are 294 children active on the diagnostic, treatment, and service coordination programs. Registered nurses continue to be available for information, home visits, referral and follow-up. The pediatric Cardiology clinic contin-

ues to be held monthly at Tiffin Mercy Hospital outpatient department with Dr. William Suarez attending. In 2013, 117 children were seen for evaluation and treatment. The Vision Clinics are no longer available due to budget constraints at the state level, but the Seneca County General Health District continues to work with Ohio Prevents Blindness' voucher program to assist children with obtaining eye exams and glasses to those who qualify.

The Health Options for Teens clinic, a medical clinic for adolescents aged 12 thru 20 is held monthly at the Tiffin office. It is available due to funding from the Ohio Department of Health. In 2013, 75 visits were made to the clinic. With individualized education, a comprehensive approach and medical intervention, our female clients have a <1% positive pregnancy rate! Dr. John Ross is the physician at the clinic. Forty-two pregnancy tests were done in 2013. We provide pre-natal information, a list of local OB/GYN providers and other pregnancy relat-

ed resources to women who test positive for pregnancy. Referrals are made to the W.I.C. program and the local Department of Job and Family Services office for access to the Healthy Start/Healthy Families program.

Lead testing is offered to Seneca County residents, with emphasis on children ages 6 months thru 6 years of age. We provided lead testing to adults working in the field of construction due to state requirements for lead testing when working with lead based paint. The Lead Clinic was held on the 3rd Thursday of each month in Tiffin. A total of 40 blood lead tests were done in 2013. Case management is provided to children with a lead level of 10 or higher. During 2013, case management was initiated for 4 newly diagnosed lead poisoned children. Home visits with education on cleaning, home renovation, diet, follow-up blood tests and more to aid in lowering the lead level were provided to Con't. on page 4

Environmental Division

The Environmental Health Division continues to protect Seneca County residents by inspecting restaurants, new well construction, septic systems, swimming pools, campgrounds, tattoo parlors, animal bites, landfills, and nuisance complaints. Please visit the health district website as we are continually making improvements to provide more information and more forms for your convenience.

Radon Testing

The Environmental Health Division has been providing free radon test kits to homeowners of Seneca County for over a decade now. These free test kits are available directly from the manufacturer for use in your home. Radon is a naturally occurring gas that is tasteless, odorless, and colorless. The only way to know if your home contains unhealthy levels of radon gas is to test. Radon gas exposure is the second leading cause of lung cancer after smoking. Please con-

tact us to take advantage of this grant-funded service.

Home Sewage Treatment Systems

New Home Sewage Treatment System (HSTS) Rules are still in the works. The new statewide rules are expected to be in place on or before January 1, 2015. When installing a new HSTS there are various options available to the homeowner always based on the results of a soil analysis. It is up to the property owner and the HSTS designer (not the health department) to research the options available. In 2013 our department permitted 15 leaching tile fields, 12 mounds, 4 off-lot discharging systems (under EPA permit), 4 peat systems, and 16 tank replacements. The soils dictate the options available and there are almost always choices to be made regarding various options that would work in a specific situation. Many people still think that they "must have a mound system" – this is simply not true. In fact, there are many "new" options available and it is advisable for any

property owner in need of a new HSTS to become educated on the types of treatment systems available, how they work, and the maintenance that will be required.

There were three new home sewage treatment systems installed in 2013 utilizing the Ohio EPA "Water Pollution Control Loan Fund Principal Forgiveness Program" that allows replacement of failing systems for qualified homeowners. The goal of this program is to make replacement of failing systems more affordable for low income families and also reduce the water pollution threat associated with a failed system.

Operation and Maintenance of Septic Systems

The Environmental Division has required operation & maintenance documentation from homeowners for all new home sewage treatment systems installed since 2007. We currently are tracking hundreds of systems that were new or updated since 2007. The new HSTS Rules will require that the

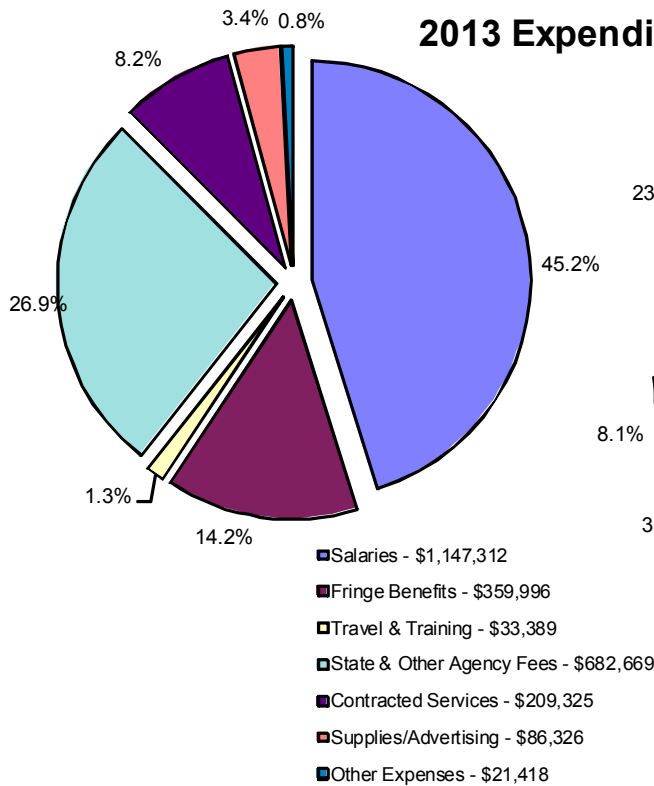
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2013 ENVIRONMENTAL HEALTH STATISTICS

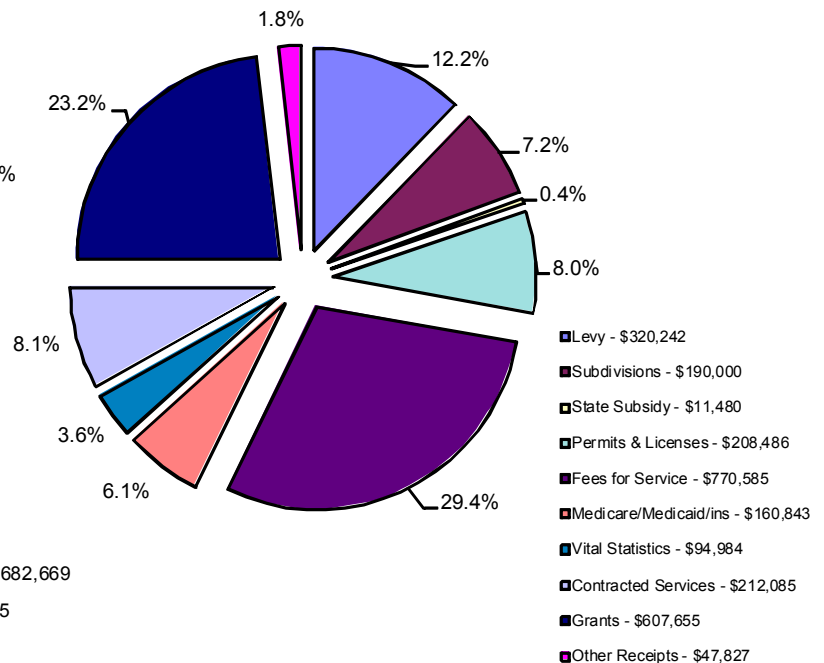
217 Food Service Operations	5 Resident Camps	10 Service Providers
92 Retail Food Establishments	5 Bathing Beaches	68 Well Permits Issued
47 Mobile Food Establishments	16 School Districts	52 Septic Permits Issued
59 Vending Food Establishments	4 Tattoo Establishments	205 Nuisance Complaints Investigated
80 Temporary Foods	14 Scavengers	122 Animal Bites Reported
34 Swimming Pools	1 Water Haulers	2 Jails
5 Recreational Camps	22 Household Septic System Installers	

Fiscal Division

2013 Expenditures



2013 Revenues



Nursing Division

Cont. from page 2

those families. Forty-two contacts were done for continued case management/intervention with existing children and families.

Susan G. Komen community grant funding allowed us to provide a mobile mammogram event to un/underinsured women 40 years of age and older. We had the first of two events in August of 2013 and provided 26 women with a mammogram that they otherwise would not have received. We also provided 30 educational programs on Breast Self-Awareness to women in Seneca County. Programs were provided at the Seneca County Juvenile Detention Center, CROSSWAEH correctional facility, and area high schools. The focus of the education is knowing your risk, screening options, knowing what is normal for you, and making healthy lifestyle choices. We discuss self-breast exam and provide models for practice.

The Personal Responsibility Education Program (PREP) seeks to reduce teen pregnancy and sexually transmitted infection rates in Ohio youth ages 14 thru 19 who reside in the foster care and juvenile justice systems. It is a regional Ohio Department of Health grant funded program. Grant funding is awarded to the Summit County Health District and we sub-contract to provide the program in Seneca, Sandusky, Hancock, Wyandot, Erie, Marion, and Crawford counties. We provide training on the evidence-based "Reducing-the-Risk" curriculum to staff of Juvenile Justice and Foster Care systems in our 7 counties. The trained staff then provides the 16 hour/19 session classes to adolescents in their care. The SCGHD staff co-facilitates several sessions and provides the materials used.

Passport, Respite, Personal Care, and Homemaker programs, funded by grants and contracts from the Ohio Department of Aging and the Allen Eiry Foundation, offer services to our senior clients ages 60+. Our state tested nurse aides provided 2,941 hours of service in our client's homes during 2013.

During 2013, we admitted 63 clients into our Senior Health Check clinics. These clinics are held once a month in Fostoria at the Senior Center, and once a month in Tiffin at varying locations. Twice a year clinics are held at the New Riegel American Legion Hall. For those clients, a total of 255 assessments were completed. Through the screening process, health issues such as diabetes, hypertension, and urinary tract infections are identified. When this happens, treatment can be more effective, less costly and patients have better outcomes.

Nursing services were again provided at the Seneca County Juvenile Detention Center. The nurses complete physical assessments, address medical issues, set up medications and offer education. Two hundred ninety-five assessments were completed last year. Nursing services were also provided at CROSSWAEH Community Based Correctional Facility. There are approximately 60 men and 36 women housed at CROSSWAEH. Nurses are at the facility 4 days each week and complete initial health assessments, assist the physician with physical assessment and testing, and address medical issues as they arise.

Communicable disease can affect anyone of any age. Our data shows our county continuing to struggle with high numbers of STD. When a disease is reported to us, a nurse records the information into the state reporting system. By doing this, the Ohio Department of Health and the CDC can monitor outbreaks and trends, thus warning the public of potential dangers and educating them in measures to reduce disease transmission. In 2013, 200 disease investigations were conducted for salmonellosis, invasive strep pneumonia, campylobacter, cryptosporidiosis, giardiasis, hepatitis C, chlamydia, haemophilus influenza, E.Coli, and gonorrhea. There were 2 cases of active TB this year.

School nurses perform services at Bridges Academy, St. Wendelin, Bettsville, Hopewell-Loudon, Mohawk, New Riegel, Old Fort, and Seneca East schools. Vision, hearing, and scoliosis screenings are done, immunization

compliance checks are completed, and health care plans are written for children with medical conditions. During 2013, 40 health education programs were presented to students and staff and approximately 5,300 student contacts were made.

In 2013, over 9,000 doses of vaccine (not including influenza) were administered to our clients. 1,150 doses of influenza vaccine were administered. We have increased the number of combination vaccines we offer to limit the number of needle-sticks clients must endure! We have contracted with several private insurance companies so we may bill for immunization visits to help our insured clients. Through our Immunization Action Plan grant, contacts were made with local doctors' offices that serve children to update them on current immunization practices.

The childhood obesity reduction program that is part of our CFHS (Child and Family Health Services) grant from the Ohio Department of Health, targeted education in several kindergarten classrooms. The "My Plate" curriculum which included the divisions of My Plate, identification of fruits, vegetables, grains, proteins and dairy products was used. Education also included the need to be active! We also worked in several area preschool and day care centers using the "Let's Move" childcare curriculum.

This report is by no means all inclusive of the programs offered through the Division of Community Health Nursing. We continue to offer a car seat program, CPR and first aid classes, communicable disease classes for day care providers, pediculosis assessments and education, nurses serve on numerous consortiums and collaboratives, and we continue to offer a variety of health education programs to the community.



Environmental

Cont. from page 3

health department develop a timeline and process for phasing in operation & maintenance management for all prior installed systems in the county. The proposed timeframe to accomplish this is five years.

Tattoo and Body Piercing

In 2013 the environmental division licensed 4 tattoo operations: 3 in Tiffin and 1 in Bettsville. The tattoo operations are inspected twice per year at a minimum. We also investigate complaints about unlicensed tattoo operations located in Seneca County or Fostoria. Many of these unlicensed operations advertise

on social media websites (Facebook). We also license temporary tattoo events which are good for 7 days and mobile tattoo operations. We have had some interest in mobile tattoo operations but to date have not licensed any.

Any new tattoo facility is required to submit a comprehensive plan for the new establishment. These plans must include the following items:

- Aftercare instructions
- Detailed record of tattoo/piercing that are performed
- Training records concerning Blood borne

pathogens and First-aid

- Parental consent forms for patrons under 18
- Equipment list, ink list, and hand washing facilities available

Tattoo licenses are non-transferable. Therefore any ownership change requires a new application to be submitted. New rules are currently being proposed and the public comment period ended on Nov. 5, 2013