

2011 Annual Report



Seneca County General Health District



Public Health

Prevent. Promote. Protect.

Office Hours:
8:00 a.m. to 4:30 p.m.
Monday through Friday

WIC Hours:
8:00 a.m. to 4:30 p.m.
Monday through Wednesday
8:00 a.m. to 7:00 p.m.
Thursday
8:00 a.m. to 1:00 p.m.
Friday

Administration

Marjorie S. Broadhead,
MBA, RN, RS
Health Commissioner

Jenifer Bayer, RN
Director of Nursing

Kolette Cholodewitsch
Registrar

Anita Gaietto, BSBA
Fiscal Director

Nancy Howe, MS, RD, LD,
IBCLC
WIC Director

Laura Wallrabenstein,
MA, RS
Environmental Health
Director

President's Message

Your Seneca County Local Health Department, one of 130 within Ohio, strives every day to fulfill the role of public health. It is the conduit through which we, as citizens, become educated and informed about health issues affecting our daily lives. Its mission is to promote good health, prevent disease and protect the environment. It seems we are constantly threatened by some new strain of virus or bacteria which could make us sick or negatively impact our well being. Isn't it comforting to know that we have an organization that watches our

back?

Each year, your Department faces the challenge of doing more with less. This is evidenced by cuts in grant funding at the state level. The staff and board remain committed, however, to providing the best public health service possible with the resources available. This past year, your board has devoted more time on reviewing health policies and governance topics than in previous years. We did so because we felt that serving on the board was a worthwhile duty, requiring

commitment and responsibility.

As you read through this report and discover the many activities and services available to you, I hope you find resources that may be useful for keeping you and your family healthy. I also encourage you to stop at our locations in Tiffin or Fostoria or visit our website at www.senecahealthdept.org. Most importantly, thank you for your past and future support.

- Christopher Willman,
Board President

From the Health Commissioner

We live in an ever changing, fast paced world. It is often difficult for us to maintain close connections to our loved ones, associates and our community. Our unique time in the history of mankind brings special challenges that no other generation before us has had to face. Disconnected and fractured families, increased national and international conflict, drugs, peer pressure, societal shifts in norms, financial instability, and information overload—all of these things increase our stress level, tax our emotional resources and abilities to cope, and bring other unique challenges to us

as individuals, families and as a community.

Our mandated responsibilities to prevent disease, promote health, and protect our environment drives our programs and services. Our employees, the Board of Health, and administrative staff, are united in our efforts and goals to fulfill our mandated responsibilities. Prevention is the capstone in public health services and many times the results of public health actions go unnoticed, but the results are in our community. Outbreaks of disease or serious health problems are avoided or the impact of these

life threatening illnesses are lessened because public health is behind the scenes.

We express deep appreciation for your tax dollars and support. We will continue to operate as efficiently as possible to maximize our resources in order to continue to watch guard our community.

- Marjorie S. Broadhead,
MBA, RN, RS

71 S. Washington St., Suite 1102
Tiffin, Ohio

419-447-3691

Fax 419-448-5782

801 Kirk St., Fostoria, Ohio
419-937-2812 or 419-435-3024

Or fax us at 419-435-3024

Visit us on the web:

www.senecacohealthdept.org

Special points of interest:

- Serving the Cities of Fostoria and Tiffin and all of Seneca County



Board of Health

Christopher Willman, President
Dr. Eric Griffin, V. President
Matt Clouse
Jerry Dick
Mary Faeth
Michelle Kramer
Scott Lyons
Dr. John Ross
Ken Shellhouse
Rick Swartz
Michael Scherer, D.O., Medical Director

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WIC Division

Special Supplemental Nutrition Program For Women, Infants and Children

Nancy A. Howe, MS, RD, LD, IBCLC, RLC—WIC Director

WIC works by providing nutrition education and specific foods to pregnant women, postpartum women and children to age five. Breastfeeding is encouraged as the normal and healthiest feeding method for all babies. In 2011, an average of 1761 Seneca County residents were receiving WIC benefits each

month.

WIC is Breastfeeding Support

WIC, along with the American Academy of Pediatrics, recognizes that breastfeeding is not just a lifestyle choice, but a basic public health issue. Infants who are formula fed are at greater risk for many acute and chronic health issues throughout their lifespan. Therefore, WIC provides excellent breastfeeding support to WIC clients and the community. Peer Breastfeeding Assistants work with clients and breast pumps are available to clients who qualify. Breastfeeding moth-

ers' groups, open to the community, meet in Tiffin and Fostoria.

WIC is funded through the US Department of Agriculture. Approximately \$1,333,984 in federal tax dollars were returned to Seneca County in food and assistance to WIC Participants during 2011. Of this amount, \$922,080 was for coupons that were redeemed at Seneca County grocers. Seneca County WIC Farmers Market coupons worth \$3,564 were redeemed at Ohio farm stands. Ohio's administrative cost per participant is the thirteenth

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Vital Statistics

The Seneca County General Health District is able to issue birth certificates for **anyone born in the State of Ohio**. Death certificates can be issued for **Seneca County only** including the cities of Fostoria and Tiffin. Birth and death records are available for the years 1909 to present.

To obtain a birth certificate, the birth name, date of birth, father's full name and mother's full (maiden) name are required. For a death certificate, the name on the certificate and date of death are required. If you wish to receive a birth or death record by mail, please send the above information, a check or money order for \$25.00 per copy and a self-addressed stamped envelope to Seneca County General Health District, 71 S. Washington Street, Suite 1102, Tiffin, OH 44883. To order a record via the internet, log on to www.vitalchek.com and follow the prompts for Seneca County. The Vital Statistics Division has a 24-hour turnaround time for all mail/web order birth certificates. We are no longer able to accept credit/debit cards for purchasing birth/death certificates. We are, however, investigating alternatives so people can once again use their credit/debit cards.

	2011	5 Yr Ave.
Birth certificates issued	2156	2624
Death certificates issued	1969	1949
Total births	537	576
Births to unwed mothers	264	276
Teenage births (ages 14-19)	70	72
Births to unwed teen mothers	65	66
Total deaths	491	481
Leading causes of death:		
Malignant neoplasm:	84	73
Diseases of the heart:	185	167
Cerebrovascular disease:	22	25
Atherosclerosis:	0	1
Pneumonia & Influenza:	26	21
Chronic Obstructive Pulmonary disease:	9	11
Chronic liver disease:	3	3
Nephritis (kidney disorders):	17	20
Accidents & adverse effects:	13	14
Suicide:	5	4
Other causes:	127	141

Nursing Division

2011 found the staff of the Community Health Nursing Division of the Seneca County General Health District continuing to provide services intended to fulfill core public health functions by emphasizing health promotion and disease prevention and control. Comprehensive health services were provided to individuals, families, and the community-at-large through targeted interventions and programs including child, adolescent, and adult health, communicable disease control and prevention, immunization, and education.

The BCMH program currently has 280 children actively enrolled. The BCMH nurses continued to be available for information, home visits, referral and follow-up. The Pediatric Cardiac clinic was well utilized seeing 111 children during 2011. The Vision Clinic was held 3 times, seeing 88 children.

The Health Options for Teens clinic, a

medical clinic for adolescents aged 12 thru 20 is held monthly in Tiffin. It is available due to funding from the Ohio Department of Health. In 2011, 89 visits were made to the clinic. With intensive counseling and medical intervention, our female clients have a <1% positive pregnancy rate.

Lead testing was offered to Seneca County residents, with emphasis on children ages 6 months thru 6 years of age. The Lead Clinic was held on the 3rd Thursday of each month in Tiffin. A total of 23 blood lead tests were done. Case management is provided to children with a lead level of 10 or higher. Home visits and ongoing follow-up are provided to assist with education to reduce the blood lead level. Instruction is given on cleaning, home renovation, diet, follow-up blood tests and more to aid in lowering the level.

The Northwest Ohio Regional Resource Center was one of four grant-funded programs

through the Ohio Childhood Lead Poisoning Prevention Program (OCLPPP). The goal was to eliminate childhood lead poisoning in Ohio through primary prevention efforts, effective identification of children exposed to lead hazards, and assurance of appropriate follow-up care. The purpose was to support all levels of childhood lead poisoning prevention, provide organizations, professionals, and the public with culturally sensitive education, community-based outreach, referrals, and health promotion activities. This program reached completion June 30, 2011 and is no longer in existence.

Passport, Respite, Personal Care, and Homemaker programs, funded by grants and contracts from the Ohio Department of Aging and the Allen Eiry Foundation, offer services to our senior clients ages 60+. We spent 2,997 hours in their homes during 2011.

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Environmental Division

The SCGHD Household Sewage Treatment System (HSTS) Rules became effective on January 1, 2008. Detailed information on these rules is available on the SCGHD web site at <http://www.senecahealthdept.org>. New statewide rules are anticipated to become effective on January 1, 2013 or later.

Other Program Information

HSTS -There are various options for any HSTS, and it is up to the property owner and the HSTS designer to research the options available. In 2011 our department permitted 11 leaching tile fields, 4 mounds, 6 off-lot discharging systems (under EPA permit) and 12 tank replacements.

The EH division continues to actively oversee a steadily growing operation and maintenance program for newly installed HSTS in the county. The new sewage rules will likely include language to expand the operation and maintenance program to include existing systems as well.

Radon Testing- The Environmental Health Division has three licensed radon testers on staff and can provide FREE radon testing in any home upon request of the homeowner. This grant-funded service has been available for over a decade to all residents of Seneca County.

Private Water Systems- Revisions to the private water systems rules (PWS) became effective on April 1, 2011. There were numerous changes to the rules that the SCGHD had to adhere to. Anytime there is a change in rules it takes time for homeowners, contractors, and the local health district to understand the complete impact of the change. For instance, when a well is constructed at a residence the homeowner cannot perform the following tasks: install a pitless adaptor; install the pressure tank; install a filtration system or continuous disinfectant without becoming a registered water system contractor. It is fairly common for homeowners to want to do some of these activities and as of April 1, 2011 they now must register with the state. Another new requirement is that a sample port be available to take the water sample for final well approval. In the past the local health department would take this sample from a common location within the home (i.e. kitchen sink). This location would be the most likely source of water consumption and would give the homeowner an idea if plumbing in the house had been contaminated with bacteria. With the new rules we are required to take the sample from a

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2011 ENVIRONMENTAL HEALTH STATISTICS

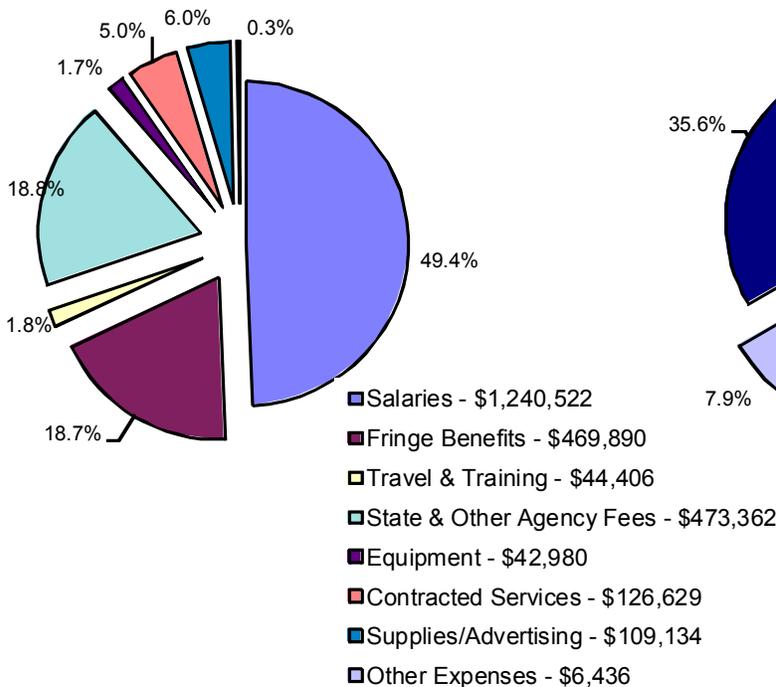
212 Food Service Operations	5 Resident Camps	62 Well Permits Issued
96 Retail Food Establishments	5 Bathing Beaches	34 Septic Permits Issued
54 Mobile Food Establishments	16 School Districts	195 Nuisance Complaints Investigated
59 Vending Food Establishments	3 Tattoo Establishments	112 Animal Bites Reported
92 Temporary Foods	13 Scavengers	2 Jails
35 Swimming Pools	1 Water Haulers	7 Infectious Waste Generators
17 MHP	15 Household Septic System Installers	
5 Recreational Camps	10 Service Providers	



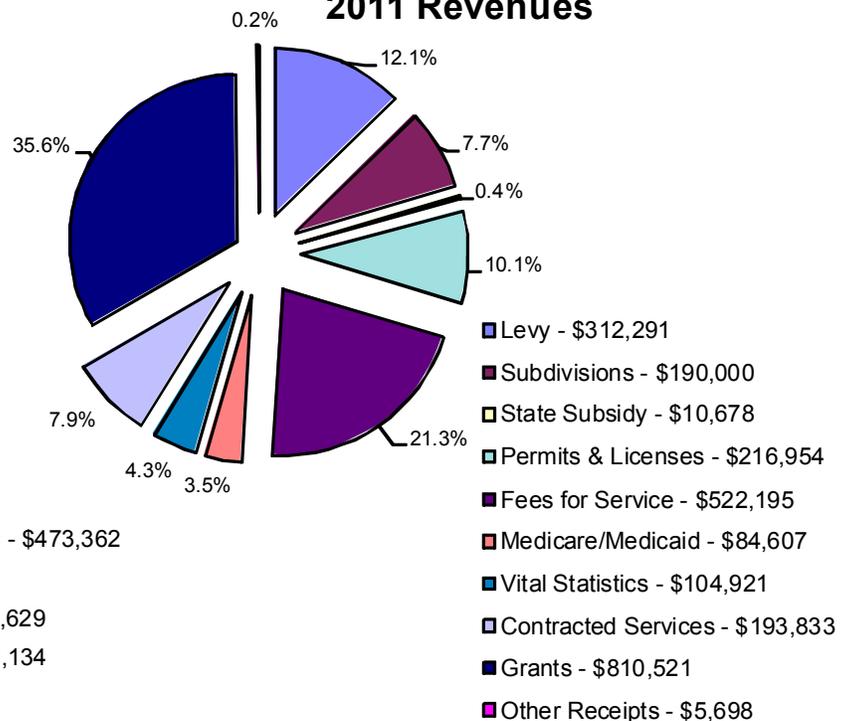
Matt Beckman, Sanitarian

Fiscal Division

2011 Expenditures



2011 Revenues



Our Staff

Bioterrorism Readiness Coord.

Steve Coffman

Environmental Health Division

Matt Beckman, RS

Judith Kisaberth, Clerical

Nichole Rumschlag, RS

James Mohrman, RS

Fiscal Division

Kelly Thom, Bookkeeper

Teresa Weis, Bookkeeper

Nursing Division

Laura Bogard, RN

Debbie Brady, RN

Shari Burkholder, RN

Patti Carlisle, RN

Andrea Cook, RN

Barbara Faeth, RN

Joann Florence, Clerical

Nancy Frankart, RN

Lois McDonald, Clerical

Sue Murphy, Clerical

Heather Panuto, HHA

Sharon Pethe, HHA

Mary Reimer, RN

Rita Schank, RN

Alice Terry, HHA

Cynthia Voorhees, RN

Epidemiologist

Nicole Meagher

Vital Statistics

Linda Hinckley, BS, Clerical,

Deputy Registrar

W.I.C.

Stephanie Blodgett, RN Breast-feeding Coord.

Tina Hufford, Clerical

Jackie Mendoza, LD

Sherry Jordan, DTR

Angela Ruth, DTR

Teresa Reinhart, Clerical

Janet Sager, Peer Asst.

Tiffany Westerman, Peer Asst.

Nursing Division

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Due to the poor economy and increased costs associated with medical care, more senior citizens are taking advantage of the Senior Health Check clinics held monthly in Tiffin and Fostoria. Clinics are also held twice yearly in New Riegel. Through the screening process, health issues such as diabetes, hypertension, and urinary tract infections are identified. When this happens, treatment can be more effective, less costly and patients have better outcomes.

Nursing services were again provided at the Seneca County Juvenile Detention Center. The nurses complete physical assessments, address medical issues, set up medications and offer education. 215 assessments were completed last year. Nursing services were also provided at CROSSWAEH Community Based Correctional Facility. There are approximately 60 men and 36 women housed at CROSSWAEH. Nurses are at the facility 4 days each week and complete initial health assessments, assist the physician with physical assessment and testing, and address medical issues as they arise.

Communicable disease can affect anyone of any age. Our data shows our county continuing to struggle with high numbers of STD. When a disease is reported to us, a nurse records the information into the state reporting system. By doing this, the Ohio Department of Health and the CDC can monitor outbreaks and trends, thus warning the public of potential

dangers and educating them in measures to reduce disease transmission. Other than the sexually transmitted diseases of chlamydia (102 cases) and gonorrhea (11 cases), diseases seen during the past year were hepatitisA, salmonella, campylobacter, cryptosporidiosis, giardiasis, hepatitisB, hepatitisC, pertussis, invasive strep, and viral meningitis. There was one case of active TB this year. The Hepatitis Program continued to offer vaccine to Hepatitis C + and at-risk clients. 23 people received vaccine thru this program.

Newborn home visits were made to teen and first time parents. Education and referral are large components of this program. We are lucky to be able to supply these families with a smoke alarm, carbon monoxide detector, and a fire extinguisher with monies received from the Attorney General's lead settlement funds.

School nurses at the Family Learning Center, Bridges Academy, St. Wendelin Schools, and the Seneca County Schools had over 7,000 contacts with students. Screenings for vision, hearing, and scoliosis were performed. Educational presentations for students and staff were offered, care plans were developed for students with medical conditions, and kindergarten screenings were attended.

The immunization program continues to grow. Not including influenza vaccine, 9,295 doses of vaccine were administered to our clients. We continue to offer combination vaccines to limit the number of needle-sticks cli-

ents must endure! Through our Immunization Action Plan grant, contacts were made with local doctors' offices that serve children to update them on current immunization practices.

This report is by no means all inclusive of the programs offered through the Division of Community Health Nursing. We continue to offer a car seat program, childhood obesity reduction/healthy nutrition education in preschools and day-care centers, nurses serve on numerous consortiums and collaboratives, have started a breast health education program with a grant from the Susan G. Komen Foundation, and offer a variety of health education programs to the community.



Andrea Cook, RN prepares to do a lead check on one year old, Will.

Environmental Division

Cont. from page 3

sample port located at the pressure tank which is before the household plumbing. Therefore a safe "well" sample does not necessarily mean a safe drinking water sample, because the sample was not obtained at a location where you would normally get drinking water. In 2011 the SCGHD sold 62 private water system permits.

WIC Division

Cont. from page 2

lowest in the nation and eighth lowest in food costs.

Additional services provided to Seneca County WIC participants:

Farmer's Market Nutrition Program—providing Ohio produce to our participants
Smoking cessation/ program—available to pregnant participants.

WIC services:

Available full time in both Tiffin and Fostoria
Evening hours are available by appointment

Upper income limits for the WIC program are generous and increase with family size
Potential participants qualifying for Medicaid qualify for WIC

Funding provided to serve all eligible participants

WIC serves traditional as well as non-traditional families

If you have any questions about WIC call 419-448-5742 or 1-800-698-3691.