

2012 Annual Report



Seneca County General Health District



Public Health

Prevent. Promote. Protect.

Office Hours:
8:00 a.m. to 4:30 p.m.
Monday through Friday

WIC Hours:
8:00 a.m. to 4:30 p.m.
Monday through Wednesday
8:00 a.m. to 7:00 p.m.
Thursday
8:00 a.m. to 1:00 p.m.
Friday

Administration

Marjorie S. Broadhead,
MBA, RN, RS
Health Commissioner

Kelly Cholodewitsch

Jenifer Bayer, RN
Director of Nursing

Anita Gaietto, BSBA
Fiscal Director

Nancy Howe, MS, RD, LD,
IBCLC
WIC Director

Laura Wallrabenstein,
MA, RS
Environmental Health
Director



President's Message

As a health department, funded in part by your local tax dollars, we often ask ourselves why do we exist? What are our goals and how can we best accomplish these goals? Sort of sounds like the same questions being asked in board rooms of many businesses across the country. Your health board meets every month to represent the public interest and make decisions which ultimately improve our well being. Good health is something from which all of us benefit, regardless of our age. It is the goal of public health to live longer healthier lives by pre-

venting disease, injury, disability and premature death. This can be accomplished through promotion of health education and the fostering of healthy living conditions and lifestyles. When families relocate to a new community, they may research the quality of the schools or the crime rate in the area. A low crime rate, for example, may be a testament to a good police department or community protection program. Similarly, low disease and premature death rates may be a testament to an effective health program instituted by a local health agency

through a collaborative effort with its citizens.

Over the last century or so, the human life expectancy has increased by 30 years. It would be interesting to know how much can be credited to the actions of our local health departments through education, sanitation and immunization. As you read through this report, please become acquainted with many of the services available to you and take advantage of them. As always, thank you for your past and future support.

*-Christopher Willman,
Board President*

From the Health Commissioner

This year saw many changes in public health, both on a national and local level. Dr. Michael Scherer, our Medical Director for many years, left to pursue other endeavors. We were excited to welcome Dr. John Ross as our new Medical Director. Dr. Ross served on the Board of Health as a board member for many years before joining us as our Medical Director.

Our mandated responsibilities to prevent disease, promote health, and protect our environment continue

to drive our programs and services. The Board of Health, administrative staff, and general employees are united in our efforts and goals to fulfill our mandated responsibilities.

Prevention is the capstone in public health services and often it is difficult to see the results of prevention. Many times the work of public health goes unnoticed, but the results are in our community. Outbreaks of disease or serious health problems are avoided; or the impact of life threatening ill-

ness are lessened because public health is working behind the scenes.

We express deep appreciation for your tax dollars and support. We will continue to operate as efficiently as possible to maximize our resources in order to continue to watch guard our community.

*- Marjorie S. Broadhead,
MBA, RN, RS*

71 S. Washington St., Suite 1102
Tiffin, Ohio
419-447-3691
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801 Kirk St., Fostoria, Ohio
419-937-2812 or 419-435-3024
Or fax us at 419-435-3024

Visit us on the web:
www.senecohealthdept.org

Special points of interest:

- Serving the Cities of Fostoria and Tiffin and all of Seneca County

Board of Health

Christopher Willman, President
Dr. Eric Griffin, V. President
Matt Clouse
Mary Faeth
Michelle Kramer
Scott Lyons
Dr. John Ross
Ken Shellhouse
Rick Swartz
Jimmie Young
Michael Scherer, D.O., Medical Director

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WIC Division

WIC provides nutrition education and supplemental nutritious foods to pregnant and postpartum women, infants and children to age five. Breastfeeding is promoted as the healthiest feeding option for all babies, and several WIC staff members are specially trained to assist and encourage breastfeeding mothers. An average of 1,877 residents of Seneca County received WIC benefits each month in 2012.

WIC, in conjunction with the American Academy of Pediatrics, recognizes that breast-

feeding is a public health issue and not just a lifestyle choice. Infants who are breastfed are generally healthier throughout their lifetime. WIC lactation consultants and peer assistants offer breastfeeding support to all mothers in our service area. Breast pumps are also available to clients who qualify. Seneca County WIC sponsors Mother's Support Groups in Tiffin and Fostoria, and all meetings are open to the public.

The WIC program is funded through the U.S. Department of Agriculture. More than \$1.26

million in federal tax dollars were returned to Seneca County in food and assistance to WIC participants during 2012. Coupons redeemed at Seneca County grocers accounted for approximately \$934,000 of this amount. In addition, WIC Farmers Market coupons worth \$2655 were redeemed at local farm stands. Ohio's WIC program is cost-efficient, with the eighth lowest administrative cost per participant and sixth lowest food cost in the nation.

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Vital Statistics

The Seneca County General Health District is able to issue birth certificates for **anyone born in the State of Ohio**. Death certificates can be issued for **Seneca County only** including the cities of Fostoria and Tiffin. Birth and death records are available for the years 1909 to present.

To obtain a birth certificate, the birth name, date of birth, father's full name and mother's full (maiden) name are required. For a death certificate, the decedent's name, the date of death and location of death are required. If you wish to receive a birth or death record by mail, please send the above information, a check or money order for \$25.00 per copy and a self-addressed stamped envelope to Seneca County Health Department, 71 S. Washington Street, Suite 1102, Tiffin, OH 44883. To order a record via the internet, log on to www.vitalchek.com and follow the prompts for Seneca County. The Vital Statistics Division has a 24-hour turnaround time for all mail/web order birth certificates. We are unable to accept credit/debit cards for purchasing birth/death certificates. We are, however, investigating alternatives so people can use their credit/debit cards.

Vital Statistics	2012	5 Yr Ave.
Birth certificates issued	2072	2351
Death certificates issued	1890	1919
Total births	405	538
Births to unwed mothers	193	258
Teenage births (ages 14-19)	41	64
Births to unwed teen mothers	39	59
Total deaths	533	486
Leading causes of death:		
Malignant neoplasm (cancers)	94	76
Diseases of the heart:	193	174
Cerebrovascular disease:	24	29
Atherosclerosis:	0	<1
Pneumonia & Influenza:	25	22
Chronic Obstructive Pulmonary disease:	7	9
Chronic liver disease:	2	3
Nephritis (kidney disorders):	15	18
Accidents & adverse effects:	13	13
Suicide:	7	5
Other causes:	153	141

Nursing Division

2012 found the staff of the Community Health Nursing Division of the Seneca County General Health District continuing to provide services intended to fulfill core public health functions by emphasizing health promotion and disease prevention and control. Comprehensive health services were provided to individuals, families, and the community-at-large through targeted interventions and programs including child, adolescent, and adult health, communicable disease control and prevention, immunization, and education.

The BCMH program continues to help families with children with special health care needs. Currently there are 315 children active on the diagnostic, treatment, and service coordination programs. The BCMH nurses continued to be available for information, home visits, referral and follow-up. The Pediatric Cardiac clinic was well utilized seeing 112 children during 2012. The Vision Clinics

are no longer available due to budget constraints at the state level; the last two clinics in 2012 served 70 children. The Seneca County General Health District continues to work with Ohio Prevents Blindness' voucher program to assist children with obtaining eye exams and glasses if needed.

The Health Options for Teens clinic, a medical clinic for adolescents aged 12 thru 20 is held monthly in Tiffin. It is available due to funding from the Ohio Department of Health. In 2012, 75 visits were made to the clinic. With individualized education, a comprehensive approach and medical intervention, our female clients have a <1% positive pregnancy rate! Dr. John Ross is the physician at the clinic. Sixty-Eight pregnancy tests were done in 2012. We provided prenatal information, a list of local OB/GYN providers and other pregnancy related resources to women who test positive for pregnancy. Referrals were made to the W.I.C. program and the

local Department of Job and Family Services office for access to the Healthy Start/Healthy Families program.

Lead testing was offered to Seneca County residents, with emphasis on children ages 6 months thru 6 years of age.

We provided lead testing to adults working in the field of construction due to state requirements for lead testing when working with lead based paint. The Lead Clinic was held on the 3rd Thursday of each month in Tiffin. A total of 27 blood lead tests were done. Case management is provided to children with a lead level of 10 micrograms per deciliter or higher. Home visits and ongoing follow-up are provided to assist with education to reduce the blood lead level. Instruction is given on cleaning, home renovation, diet, follow-up blood tests and more to aid in lowering the level.

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Environmental Division

The Environmental Health Division continues to protect Seneca County residents by inspecting restaurants, new well construction, septic systems, swimming pools, campgrounds, tattoo parlors, animal bites, landfills, and nuisance complaints. Please visit the health district website as we are continually making improvements to provide more information and more forms for your convenience.

Other Program Information

Radon Testing– The Environmental Health Division has three licensed radon testers on staff and can provide FREE radon testing in any home upon request of the homeowner. This grant-funded service has been available for over a decade to all residents of Seneca County.

Home Sewage Treatment Systems

This program continues to be one of the most misunderstood and perhaps confusing programs that our division operates. When installing a new HSTS there are various options available to the

homeowner always based on the results of a soil analysis. It is up to the property owner and the HSTS designer (not the health department) to research the options available. In 2012 our department permitted 12 leaching tile fields, 6 mounds, 13 off-lot discharging systems (under EPA permit), 4 peat systems, and 16 tank replacements. The soils dictate the options available and there are almost always choices to be made regarding various options that would work in a specific situation. Many people still think that they “must have a mound system” – this is simply not true. In fact, there are many “new” options available and it is advisable for any property owner in need of a new HSTS to become educated on the types of treatment systems available; how they work, and the maintenance that will be required.

Currently the Ohio Department of Health is proposing an effective date of January 1, 2014 for new sewage rules to take effect for the entire state of Ohio. *Some Key Draft Sewage Rule Facts (taken from ODH) include the following:*

-The rules do not require that all systems must be upgraded. The rules establish new standards for

system construction, alteration and maintenance when a system fails or breaks and must be altered or replaced, or when a new system is installed.

-All existing systems are deemed approved under state law until they fail and cannot be repaired.

-The goal of these rules is to provide a wide range of sewage system choices and technologies for new or replacement sewage systems that provide safe and sustainable treatment in the diverse soils and geology of the state.

-These rules carefully balance the protection of public health and safety from sewage related diseases with system cost using basic, proven designs in addition to new, innovative technologies.

-Good design options for systems help protect the financial investment of the homeowner and proper system maintenance ensures systems are sustainable for many years.

-Lower cost, low maintenance systems such as septic tanks to leaching trenches that use the natural soils for treatment are the preferred design and will continue to be the primary system installed in Ohio.

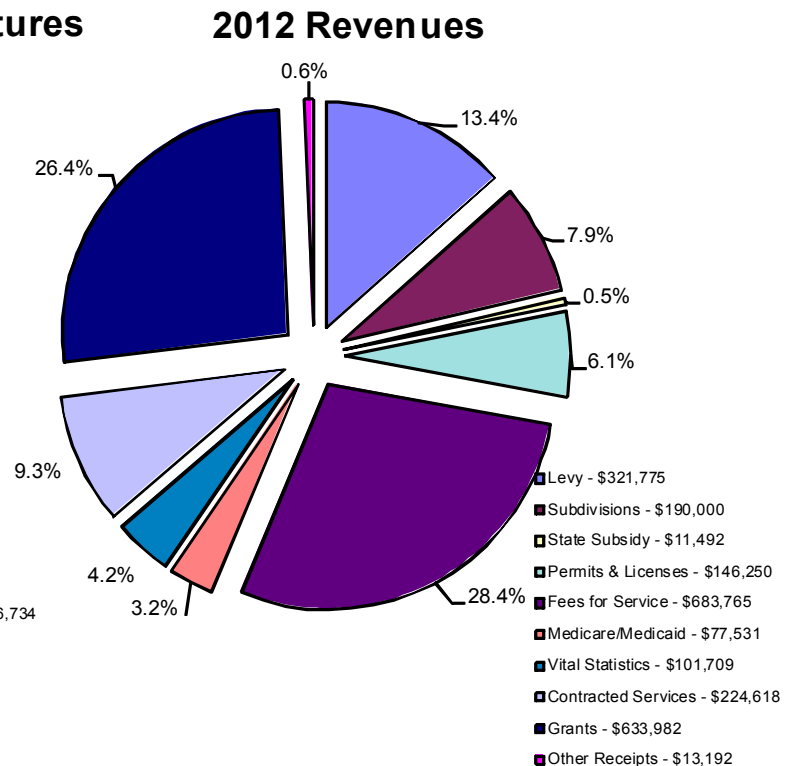
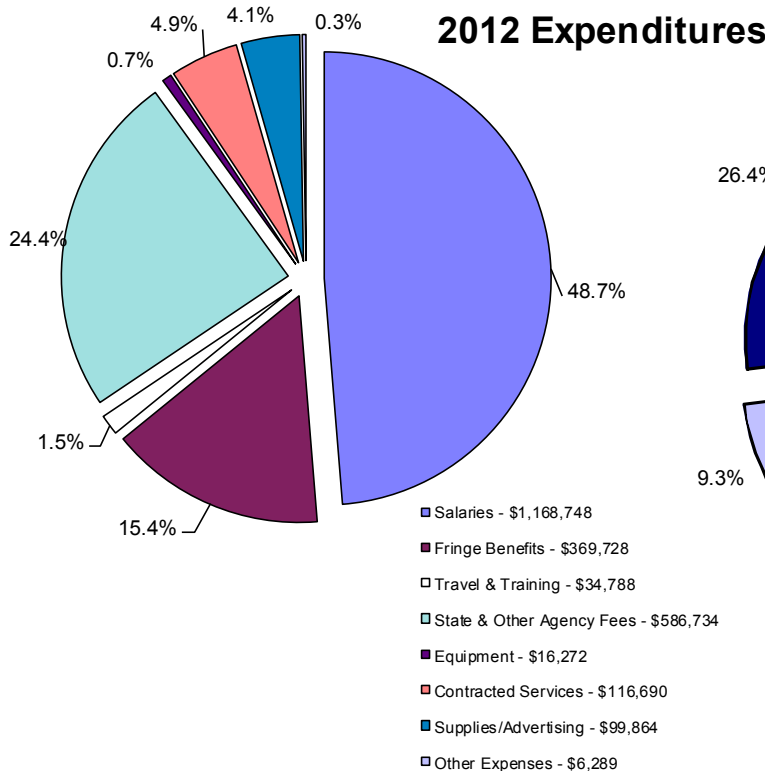
-These rules combine state standards with options for local flexibility. For

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2012 ENVIRONMENTAL HEALTH STATISTICS

214 Food Service Operations	5 Recreational Camps	14 Household Septic System Installers
96 Retail Food Establishments	5 Resident Camps	11 Service Providers
45 Mobile Food Establishments	5 Bathing Beaches	79 Well Permits Issued
59 Vending Food Establishments	16 School Districts	51 Septic Permits Issued
100 Temporary Foods	3 Tattoo Establishments	176 Nuisance Complaints Investigated
34 Swimming Pools	13 Scavengers	120 Animal Bites Reported
16 MHP	1 Water Haulers	2 Jails

Fiscal Division



Our Staff

Environmental Health Division-

Matt Beckman, RS
Judith Kisaberth, Clerical
Nichole Rumschlag, RS
James Mohrman, RS

Fiscal Division

Kelly Thom, Bookkeeper

Nursing Division

Laura Bogard, RN
Debbie Brady, RN
Shari Burkholder, RN
Patti Carlisle, RN
Andrea Cook, RN
Barbara Faeth, RN
Joann Florence, Clerical
Nancy Frankart, RN
Lois McDonald, Clerical
Sue Murphy, Clerical

Heather Panuto, HHA
Sharon Pethe, HHA
Rita Schank, RN
Alice Terry, HHA
Cynthia Voorhees, RN

Vital Statistics

Linda Garcia, BS, Registrar
Teresa Weis, Deputy Registrar

W.I.C.

Tina Hufford, Clerical
Christine Huth, MS, RD, LD,
Breastfeeding Coord.
Jackie Mendoza, LD
Sherry Jordan, DTR
Angela Ruth, DTR
Teresa Reinhart, Clerical
Janet Sager, Peer Asst.
Tiffany Westerman, Peer Asst.

Nursing Division

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Susan G. Komen small grant funding allowed us to provide breast health education programs to women in Seneca County during 2012. Programs were provided at the Seneca County Juvenile Detention Center, CROSSWAEH correctional facility, and area high schools. The focus of the education is knowing your risk, screening options, knowing what is normal for you, and making healthy lifestyle choices. We discuss self-breast exam and provide models for practice.

The Personal Responsibility Education Program (PREP) is a new program for us. It is a regional Ohio Department of Health grant funded program. Grant funding is awarded to the Summit County Health District and we sub-contract to provide the program in Seneca, Sandusky, Hancock, Wyandot, Erie, Marion, and Crawford counties. The focus is to reduce teen pregnancy and sexually transmitted infection rates in Ohio's youth, ages 14-19, who reside in the foster care and juvenile justice systems. We provided training on the evidence-based "Reducing-the-Risk" curriculum to staff of Juvenile Justice and Foster Care systems in our 7 counties. The trained staff then provided the education to the adolescents in their care.

Passport, Respite, Personal Care, and Homemaker programs, funded by grants and contracts from the Ohio Department of Aging and the Allen Eiry Foundation, offer services to our senior clients ages 60+. Our state tested nurse aides provided 2,789 hours of service in our client's homes during 2012.

Due to the poor economy and increased costs associated with medical care, more senior citizens are taking advantage of the Senior Health Check clinics held monthly in Tiffin and Fostoria. Clinics are also held twice yearly in New Riegel. Through the screening process, health issues such as diabetes, hypertension, and urinary tract infections are identified. When this happens, treatment can be more effective, less costly and patients have better outcomes. In 2012, 251 visits were made to the Senior Health Check clinics. Nursing services were again provided at the Seneca County Juvenile Detention Center. The nurses complete physical assessments, address medical issues, set up medications and offer education. 290 assessments were completed last year. Nursing services were also provided at CROSSWAEH Community Based Correctional Facility. There are approximately 60 men and 25 women housed at CROSSWAEH. Nurses are at the facility 4 days each week and complete initial health assessments, assist the physician with physical assessment and testing, and address medical issues as they arise.

Communicable disease can affect anyone of any age. Our data shows our county continuing to struggle with high numbers of STD. When a disease is reported to us, a nurse records the information into the state reporting system. By doing this, the Ohio Department of Health and the CDC can monitor outbreaks and trends, thus warning the public of potential dangers and educating them in measures to reduce disease transmission. In 2012, 168 disease investigations

were conducted for hepatitisA, salmonella, invasive strep pneumonia, campylobacter, cryptosporidiosis, giardiasis, hepatitisB, hepatitisC, mycobacterium other than TB, invasive group A strep, and viral meningitis. There was one case of active TB this year.

School nurses at the Family Learning Center, Bridges Academy, St. Wendelin Schools, and the Seneca County Schools had approximately 6,000 contacts with students and staff. Screenings for vision, hearing, and scoliosis were performed. Educational presentations for students and staff were offered, care plans were developed for students with medical conditions, and kindergarten screenings were attended.

The immunization program continues to grow. In 2012, over 9,000 doses of vaccine were administered to our pediatric clients, and 1,100 doses of vaccine were given to adults. We continue to offer combination vaccines to limit the number of needle-sticks clients must endure! Through our Immunization Action Plan grant, contacts were made with local doctors' offices that serve children to update them on current immunization practices.

This report is by no means all inclusive of the programs offered through the Division of Community Health Nursing. We continue to offer a car seat program, CPR and first aid classes, childhood obesity reduction/healthy nutrition education in pre-schools and day-care centers, nurses serve on numerous consortiums and collaboratives, and we offer a variety of health education programs to the community.

Environmental

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example, local health districts can establish a local vertical separation distance between 6 and 18 inches to the seasonal water table, representing the most common limiting condition for soils in the state. This approach will help lower system costs where local conditions can allow more basic system designs.

The sewage treatment system draft rules (Ohio Administrative Code 3701-29) can be accessed on the ODH website at: <http://www.odh.ohio.gov/rules/drafts/drafts.aspx>.

WIC Division

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The Farmers Market Nutrition Program is offered June 1 – October 31 and provides local produce to eligible families. Referrals are also made to other agencies such as Help Me Grow, immunizations, school screenings, lead testing, smoking cessation, and other services.

Seneca County WIC clinics are located in Tiffin and Fostoria. Services are available Monday through Friday, with evening ap-

pointments offered on Thursday. Income guidelines for the WIC program are generous, and clients eligible for Medicaid benefits also qualify for WIC. Funding is provided to serve all eligible participants, and WIC serves traditional as well as non-traditional families.

Please call 419-447-3691 (Tiffin) or 419-435-4401 (Fostoria) for more information